

Race Number	First Name	Surname	Gender	Gender Position	Category	Category Position	Club	Gun Time	Overall Position	Chip Time	Chip Position
879	Julian	Goudge	M	1	MV45	1	HORWICH HARRIERS	02:47:48	1	02:47:48	1
777	Rob	Ashby	M	2	MOPEN	1		02:48:30	2	02:48:26	2
717	Gareth	Pritchard	M	3	MOPEN	2	ELVET STRIDERS	02:50:12	3	02:50:11	3
623	Neal	Emmerson	M	4	MOPEN	3	RADCLIFFE AC	02:50:44	4	02:50:44	4
607	Marcus	Mumford	M	5	MOPEN	4	EVESHAM VALE RUNNING CLUB	02:53:08	5	02:53:08	5
779	Michael	Irving	M	6	MV40	1	CARLISLE	02:53:22	6	02:53:21	6
758	Matthew	Hayes	M	7	MV45	2	EAST HULL HARRIERS	02:54:13	7	02:54:12	7
462	Richard	Watkinson	M	8	MV40	2		03:02:29	8	03:02:28	8
364	Matthew	Campbell	M	9	MOPEN	5		03:03:14	9	03:03:09	9
214	Robert	Beech	M	10	MOPEN	6	PENSBY RUNNERS	03:04:04	10	03:04:03	10
234	Warren	Langler Watts	M	11	MV45	3		03:05:24	11	03:05:21	11
40	Iain	Jones	M	12	MOPEN	7	BOURNVILLE HARRIERS	03:06:41	12	03:06:40	12
823	Richard	Jones	M	13	MOPEN	8	GARSTANG RUNNING CLUB	03:07:29	13	03:07:27	13
92	Mark	Tomkinson	M	14	MV45	4		03:09:54	14	03:09:51	14
337	Ian	Jackman	M	15	MOPEN	9	TYNE BRIDGE HARRIERS	03:11:25	15	03:11:23	15
417	Jonathan	Godfrey	M	16	MV45	5	CITY OF HULL A.C.	03:11:40	16	03:11:35	16
565	Toney	Donnelly	M	17	MOPEN	10		03:12:32	17	03:12:24	17
861	Adam	Holda	M	18	MOPEN	11		03:12:37	18	03:12:35	18
408	Andrew	Smith	M	19	MV40	3	READING ROADRUNNERS	03:12:48	19	03:12:43	19
388	Simon	Halliday	M	20	MV45	6	CLAYTON LE MOORS	03:13:57	20	03:13:54	20
28	Alex Bear	Austin	M	21	MOPEN	12		03:14:24	21	03:14:08	21
520	Paul	Nickells	M	22	MV50	1	WOODBIDGE SHUFFLERS RC	03:14:30	22	03:14:26	22
556	Benjamin	Hodgson	M	23	MOPEN	13		03:15:18	23	03:15:17	23
838	Sally	Ford	F	1	FV40	1	100 MARATHON CLUB	03:15:44	24	03:15:41	24
672	Tony	Hooper	M	24	MV40	4	CLEETHORPES AC	03:16:14	25	03:15:53	25
93	Matthew	Wynn	M	25	MOPEN	14		03:17:18	26	03:17:03	26
606	Justin	Mumford	M	26	MV40	5		03:18:17	27	03:18:14	27
805	Rob	Byrne	M	27	MOPEN	15	GOSPORT ROAD RUNNERS	03:18:55	28	03:18:36	28
451	Neil	Hudson	M	28	MOPEN	16		03:19:02	29	03:18:56	29
328	Neil	Phillips	M	29	MV55	1		03:19:18	30	03:19:11	30
500	Steve	Edwards	M	30	MV50	2	NORTH COTSWOLD TRI & RUN	03:19:55	31	03:19:53	32
734	Sam	Matthews	M	31	MOPEN	17		03:19:56	32	03:19:43	31
381	Huw	Owen	M	32	MOPEN	18		03:19:57	33	03:19:55	33
228	Rob	Harrison	M	33	MOPEN	19		03:20:03	34	03:19:56	34
75	Katie	Samuelson	F	2	FV35	1	CAMBRIDGE & COLERIDGE	03:23:52	35	03:23:48	35
87	James	Taylor	M	34	MOPEN	20	KNOWLE & DORRIDGE RC	03:24:40	36	03:24:24	36
840	Simon	Thompson	M	35	MOPEN	21		03:24:53	37	03:24:51	37
96	Paul	Sutherland	M	36	MV50	3	MARSHALLS MILTON KEYNES ATH	03:24:57	38	03:24:55	38
292	Darren	Wright	M	37	MOPEN	22	QUAKERS RC	03:25:20	39	03:25:05	39
461	Elaine	Bisson	F	3	FV35	2	ELVET STRIDERS	03:25:55	40	03:25:52	40

65	Damon	Hesford	M	38	MOPEN	23	TEAM DEANE TRIATHLON CLUB	03:26:08	41	03:26:07	41
492	Toby	de Belder	M	39	MOPEN	24	DULWICH RUNNERS	03:26:48	42	03:26:45	42
821	Andy	Wilkin	M	40	MOPEN	25		03:27:48	43	03:26:57	43
469	Anthony	Matthews	M	41	MOPEN	26		03:27:51	44	03:27:42	44
352	James	Barlow	M	42	MOPEN	27		03:27:54	45	03:27:43	45
426	Neil	Musgrove	M	43	MOPEN	28	SELBY STRIDERS	03:28:00	46	03:27:44	46
177	Matthew	Calvert	M	44	MV40	6		03:28:06	47	03:28:03	48
697	Richard	Vecqueray	M	45	MV45	7		03:28:06	48	03:28:01	47
720	Ian	Hodkinson	M	46	MV45	8	STAFFORD HARRIERS	03:29:09	49	03:28:26	49
329	Daniel	Bell	M	47	MOPEN	29		03:29:23	50	03:29:16	51
684	Adam	Hill	M	48	MOPEN	30		03:29:31	51	03:29:10	50
510	James	Morrison	M	49	MOPEN	31	TIVERTON HARRIERS	03:29:44	52	03:29:34	53
708	David	Stainthorpe	M	50	MV45	9	SELBY STRIDERS	03:30:05	53	03:29:26	52
868	Paul	Singleton	M	51	MV40	7	AMBLESIDE AC	03:30:07	54	03:30:01	55
527	Stuart	Nixon	M	52	MOPEN	32		03:30:31	55	03:29:58	54
629	Rachel	Ball	F	4	FOPEN	1	SUNDERLAND STROLLERS	03:31:28	56	03:31:25	56
569	Marcus	Taylor	M	53	MV45	10	BURNDEN ROAD RUNNERS	03:32:11	57	03:32:09	57
705	Paul	Thompson	M	54	MV45	11	CLAYTON LE MOORS	03:33:03	58	03:32:58	59
386	Jonathan	Whalley	M	55	MOPEN	33		03:33:03	59	03:32:40	58
765	Andrew	Barnes	M	56	MOPEN	34	LANCASTER AND MORECAMBE	03:33:08	60	03:33:04	61
654	Adrian	Brooks	M	57	MOPEN	35		03:33:20	61	03:33:01	60
64	Gerard	Laker	M	58	MV50	4		03:34:35	62	03:34:31	64
796	Kevin	Day	M	59	MV50	5	GOYT VALLEY STRIDERS	03:34:44	63	03:34:23	62
695	Billy	Burns	M	60	MV45	12		03:35:05	64	03:34:26	63
799	Steve	Taylor	M	61	MOPEN	36	STADIUM RUNNERS	03:35:33	65	03:35:20	65
843	Nathanael	Ingram	M	62	MOPEN	37		03:35:51	66	03:35:36	66
181	Philip	Lynch	M	63	MOPEN	38		03:35:54	67	03:35:46	67
775	Michael	Wilding	M	64	MV45	13	DARWEN DASHERS	03:36:14	68	03:35:57	68
853	Sian	Morgan	F	5	FV50	1	DRIFFIELD STRIDERS	03:36:58	69	03:36:52	70
147	Amy	Young	F	6	FOPEN	2	HYDE PARK HARRIERS	03:36:58	70	03:36:49	69
542	Nick	Williamson	M	65	MOPEN	39		03:37:19	71	03:37:15	71
773	Perry	Stanley	M	66	MV50	6		03:37:37	72	03:37:25	72
468	Paul	Mee	M	67	MV45	14		03:38:04	73	03:37:54	73
152	Stephen	Miller	M	68	MOPEN	40	PENNY LANE STRIDERS	03:38:21	74	03:37:55	74
560	Adrian	Carr	M	69	MV40	8		03:38:21	75	03:38:15	77
157	Dave	Stevens	M	70	MOPEN	41		03:38:36	76	03:38:21	78
486	Lorna	Al-Ani	F	7	FV35	3		03:38:53	77	03:38:32	79
634	Mark	Walmsley	M	71	MOPEN	42		03:38:55	78	03:38:09	76
866	Paul	Foster	M	72	MOPEN	43	CARNEGIE HARRIERS	03:39:00	79	03:38:55	82
374	Richard	Upward	M	73	MV45	15	BEESTON AC	03:39:01	80	03:38:08	75
531	Ben	Jarvis	M	74	MOPEN	44	GOSPORT ROAD RUNNERS	03:39:13	81	03:38:48	80

803	Chloe	Naylor	F	8	FOPEN	3	EDEN RUNNERS	03:39:42	82	03:38:52	81
729	Neil	Prior	M	75	MV45	16		03:39:46	83	03:39:01	83
50	Paul	Brown	M	76	MV40	9	TRAWDEN AC	03:40:26	84	03:40:21	85
830	Chris	Campbell	M	77	MV45	17	TRAWDEN AC	03:40:27	85	03:40:23	86
536	Will	Carver	M	78	MOPEN	45	HALIFAX HARRIERS	03:40:30	86	03:40:13	84
858	Ian	Richardson	M	79	MV60	1	NEVAC	03:41:16	87	03:41:04	89
119	Paul	Hunt	M	80	MOPEN	46		03:41:21	88	03:41:03	88
88	David	Skidmore	M	81	MV40	10		03:41:22	89	03:41:15	90
707	Daniel	Glynn	M	82	MOPEN	47		03:41:45	90	03:40:52	87
808	Jonathan	Cox	M	83	MV40	11		03:41:56	91	03:41:44	91
293	Dean	Lucas	M	84	MV40	12	ROYAL SUTTON COLDFIELD AC	03:42:05	92	03:41:49	93
198	Martin	Phillips	M	85	MV40	13		03:42:22	93	03:42:03	95
229	Paul	Davis	M	86	MV45	18	GRANTHAM RUNNING CLUB	03:42:25	94	03:41:53	94
83	Rick	Taylor	M	87	MV40	14		03:42:27	95	03:41:47	92
195	Sean	Britton	M	88	MOPEN	48	Mersey Tri	03:42:39	96	03:42:21	98
845	Will	Paton	M	89	MOPEN	49		03:42:46	97	03:42:26	99
738	Andy	Letheren	M	90	MV50	7		03:42:47	98	03:42:17	97
822	Andrew	Kelly	M	91	MOPEN	50		03:42:50	99	03:42:33	101
239	Graham	Grout	M	92	MV55	2	BRISTOL & WEST AC	03:42:51	100	03:42:33	100
605	Justin	Emery	M	93	MOPEN	51		03:43:02	101	03:42:15	96
97	Darren	Coggins	M	94	MV50	8		03:43:21	102	03:43:04	104
728	Michael	Coggon	M	95	MV45	19	HOLMFIRTH HARRIERS	03:43:30	103	03:42:57	102
680	Alison	Richards	F	9	FV40	2	HELM HILL RUNNERS	03:43:34	104	03:43:14	105
747	Sunny	Calitz-Patel	F	10	FV50	2	100 MARATHON CLUB	03:43:43	105	03:42:59	103
238	Andy	Yates	M	96	MV50	9		03:43:50	106	03:43:43	107
526	Michael	Croft	M	97	MOPEN	52		03:44:00	107	03:43:27	106
854	Jon	Morgan	M	98	MV50	10	DRIFFIELD STRIDERS	03:44:03	108	03:43:57	109
689	Angela	Ashcroft	F	11	FV40	3		03:44:05	109	03:43:44	108
220	Natalie	Hoffman	F	12	FV35	4		03:44:38	110	03:44:31	112
678	Andrew	Fergusson	M	99	MOPEN	53	MANCHESTER FRONTRUNNERS	03:44:50	111	03:44:12	110
731	Damian	McQueen	M	100	MV40	15	HOLMFIRTH HARRIERS	03:44:58	112	03:44:24	111
128	Adrian	Harris	M	101	MV55	3		03:45:12	113	03:45:06	115
173	Dan	Evans	M	102	MOPEN	54		03:45:13	114	03:45:04	114
690	Nick	Horne	M	103	MV50	11		03:45:18	115	03:45:04	113
832	Sharon	Lynn	F	13	FV40	4	YORK ACORN RUNNING CLUB	03:45:22	116	03:45:17	119
539	Simon	Price	M	104	MOPEN	55		03:45:23	117	03:45:17	118
282	Kayleigh	Scott	F	14	FOPEN	4		03:45:24	118	03:45:10	116
136	Phil	Herd	M	105	MOPEN	56	BEESTON AC	03:45:44	119	03:45:28	120
488	Jonathan	Carter	M	106	MV40	16	100 MARATHON CLUB	03:45:58	120	03:45:13	117
614	Iain	Conley	M	107	MV45	20		03:46:01	121	03:45:42	122
790	Trevor	Brenard	M	108	MV40	17		03:46:01	122	03:45:28	121

271	John	Wood	M	109	MV60	2	MICHELIN AC	03:46:07	123	03:45:45	123
864	Danny	Burns	M	110	MV40	18	ULVERSTON TRI CLUB	03:46:17	124	03:45:54	124
355	Duane	Daugherty	M	111	MV55	4	100 MARATHON CLUB	03:46:19	125	03:46:13	129
517	Joshua	Flack	M	112	MOPEN	57		03:46:19	126	03:46:01	126
818	Craig	Little	M	113	MOPEN	58		03:46:26	127	03:45:54	125
806	Ryan	Jacques	M	114	MOPEN	59		03:46:28	128	03:46:12	128
668	Ben	Pointer-Gleadl	M	115	MOPEN	60		03:46:29	129	03:46:03	127
576	Jamie	Birkett	M	116	MOPEN	61		03:46:29	130	03:46:23	130
816	Richard	Kell	M	117	MV45	21	100 MARATHON CLUB	03:46:37	131	03:46:29	131
665	Jonathan	Towers	M	118	MOPEN	62		03:46:41	132	03:46:34	132
36	James	Upton	M	119	MV45	22	DERWENT RUNNERS	03:47:01	133	03:46:57	134
291	Gruff	Jones	M	120	MOPEN	63		03:47:08	134	03:47:01	135
826	Phil	Adams	M	121	MV55	5	100 MARATHON CLUB	03:47:09	135	03:47:03	136
180	Reg	Shirley	M	122	MV55	6	GORING ROAD RUNNERS	03:47:37	136	03:47:22	137
713	Ben	Smithers	M	123	MOPEN	64	RED ROSE ROAD RUNNERS	03:47:37	137	03:46:44	133
809	Josephine	Harbison	F	15	FOPEN	5		03:48:02	138	03:47:48	138
179	Chris	Burns	M	124	MOPEN	65		03:48:13	139	03:47:58	139
63	Matt	Dunn	M	125	MV40	19	100 MARATHON CLUB	03:48:20	140	03:48:15	140
196	Jason	Newman	M	126	MOPEN	66		03:48:43	141	03:48:30	141
235	Matthew	Hastings	M	127	MOPEN	67		03:48:59	142	03:48:32	142
582	Simone	Umlauf	F	16	FOPEN	6		03:49:00	143	03:48:36	143
675	Patrick	Bower	M	128	MOPEN	68		03:49:04	144	03:48:55	144
447	Dominic	Byrne	M	129	MOPEN	69	ST HELENS TRI	03:49:26	145	03:49:02	145
572	Daniel	Bennett	M	130	MOPEN	70		03:49:30	146	03:49:22	148
281	Steven	Flook	M	131	MV55	7		03:49:43	147	03:49:03	146
243	Toby	Harling	M	132	MOPEN	71		03:50:01	148	03:49:33	149
215	Mark	Reynolds	M	133	MV50	12		03:50:20	149	03:49:38	151
750	Jack	Swannick	M	134	MOPEN	72		03:50:20	150	03:49:08	147
577	Philip	Birkett	M	135	MV40	20		03:50:20	151	03:50:14	154
251	Susan	Ransome	F	17	FV60	1	PUDSEY PACERS RC	03:50:20	152	03:50:13	153
727	Matthew	Rose	M	136	MV45	23	HOLMFIRTH HARRIERS	03:50:25	153	03:49:51	152
258	Danny	Barnes	M	137	MOPEN	73		03:50:48	154	03:49:37	150
712	Christian	Thelier	M	138	MOPEN	74		03:50:55	155	03:50:16	155
457	James	Rigby	M	139	MOPEN	75		03:51:07	156	03:50:33	156
155	Jorge	Bonet	M	140	MOPEN	76	POPLARS RUNNING CLUB	03:51:39	157	03:51:27	159
876	Charles	Colby	M	141	MV45	24	THORNTON CLEVELEYS	03:51:42	158	03:51:37	161
397	Stephen	Hunt	M	142	MV40	21	KINGSTON UPON HULL AC	03:51:43	159	03:51:29	160
149	Martin	Palmer	M	143	MV50	13		03:52:03	160	03:51:08	157
620	Stephen	Leaf	M	144	MV55	8	SOUTH DERBYSHIRE ROAD RUNNE	03:52:05	161	03:51:57	162
540	Claire	Richardson	F	18	FOPEN	7	WARRINGTON ROAD RUNNERS	03:52:06	162	03:51:22	158
532	Adele	Roche	F	19	FV55	1	HOWGILL HARRIERS	03:53:02	163	03:52:12	163

126	Sarah	Galloway	F	20	FV45	1		03:53:03	164	03:52:19	164
874	Malcolm	Collins	M	145	MV45	25		03:53:12	165	03:52:42	165
509	Ian	Davidson	M	146	MOPEN	77		03:53:17	166	03:52:54	167
754	Iynsay	adair	F	21	FOPEN	8	WIDNES WASPS	03:53:24	167	03:52:45	166
778	Matthew	Stables	M	147	MV45	26		03:53:27	168	03:52:56	168
216	Adam	Baird	M	148	MV40	22	AMBLESIDE AC	03:53:36	169	03:53:22	169
104	Vicky	Omelianowicz	F	22	FOPEN	9	BINGLEY HARRIERS AND AC	03:53:36	170	03:53:30	171
865	Eugene	Winters	M	149	MV60	3	100 MARATHON CLUB	03:53:51	171	03:53:31	172
481	Mark	Foster	M	150	MV40	23		03:54:04	172	03:53:50	174
188	Chris	Kelly	M	151	MOPEN	78		03:54:08	173	03:53:29	170
780	Colin	Buttrick	M	152	MV55	9		03:54:17	174	03:53:59	175
465	Patrick	Grant	M	153	MV50	14		03:54:18	175	03:54:08	176
568	Cees	Hoekstra	M	154	MV50	15		03:54:19	176	03:54:18	179
422	David	Wildman	M	155	MOPEN	79		03:54:32	177	03:53:37	173
663	Danny	Seddon-Rober	M	156	MOPEN	80		03:54:32	178	03:54:14	177
377	Yeray	Sanchez	M	157	MOPEN	81		03:54:35	179	03:54:17	178
798	Jen	Benson	F	23	FV35	5		03:55:01	180	03:54:55	181
132	Colin	Butler	M	158	MV50	16		03:55:03	181	03:54:37	180
700	David	Stevens	M	159	MV50	17		03:55:15	182	03:55:05	183
217	Paul	Coggins	M	160	MV40	24		03:55:18	183	03:55:01	182
604	Alex	Sergey	M	161	MOPEN	82		03:55:21	184	03:55:08	185
624	Jim	Almond	M	162	MV50	18		03:55:33	185	03:55:23	187
439	Lisa	Lo	F	24	FV40	5		03:55:35	186	03:55:13	186
653	Joseph	Morrell	M	163	MOPEN	83		03:55:47	187	03:55:08	184
699	Chris	Atherton	M	164	MV40	25		03:55:55	188	03:55:30	188
584	Neil	Dring	M	165	MV55	10	RIPON RUNNERS	03:56:24	189	03:55:53	190
191	Lisa	Scholes	F	25	FV40	6	FYLDE COAST RUNNERS	03:56:45	190	03:55:52	189
76	Darren	Gillman	M	166	MV45	27	CAMBRIDGE & COLERIDGE	03:56:49	191	03:56:41	196
192	Steven	Poxon	M	167	MV50	19	RED ROSE ROAD RUNNERS	03:56:55	192	03:56:06	191
124	John	Parham	M	168	MOPEN	84	KINGSTON UPON HULL AC	03:57:00	193	03:56:46	197
434	Jamie	Crossan	M	169	MOPEN	85		03:57:01	194	03:56:12	192
150	Neil	Cobley	M	170	MV40	26	BARROW RUNNERS	03:57:13	195	03:57:01	198
873	Paul	Corbett	M	171	MV45	28		03:57:14	196	03:56:24	194
579	John	Foulds	M	172	MV55	11	NORTHERN MASTERS	03:57:18	197	03:56:35	195
389	Josh	Campbell	M	173	MOPEN	86		03:57:20	198	03:57:01	199
595	Patrick	Norris	M	174	MV50	20	100 MARATHON CLUB	03:57:23	199	03:56:12	193
366	Alex	Benson	M	175	MOPEN	87		03:57:31	200	03:57:17	200
430	Sam	Cortese	M	176	MV55	12	TEAM EAST HADDON	03:57:43	201	03:57:29	202
382	John	Goodenough	M	177	MOPEN	88	GALLOWAY HARRIERS	03:57:53	202	03:57:24	201
687	Henryk	Taylor	M	178	MOPEN	89		03:58:25	203	03:58:17	204
550	Andrew	Pay	M	179	MV45	29	FITMUMS & FRIENDS	03:58:28	204	03:57:54	203

135	Mike	Boddy	M	180	MV45	30		03:58:30	205	03:58:17	205
482	Annie	OSullivan	F	26	FOPEN	10		03:59:11	206	03:58:26	206
418	John	Hill	M	181	MV40	27	ALMOST ATHLETES	03:59:14	207	03:59:01	209
848	Alun	Beckett	M	182	MOPEN	90		03:59:17	208	03:59:01	208
846	GILLY	WIGHT	F	27	FOPEN	11		03:59:21	209	03:58:28	207
372	Andy	Mcpherson	M	183	MV40	28	FELL RUNNERS ASSOCIATION	03:59:32	210	03:59:06	210
829	Vickie	Burns	F	28	FOPEN	12	GOODGYM RACE TEAM	03:59:59	211	03:59:51	212
250	Guy	Gibson	M	184	MV50	21	EAST HULL HARRIERS	04:00:02	212	03:59:54	213
670	Tim	Wilks	M	185	MOPEN	91		04:00:11	213	03:59:38	211
498	Mark	McCarthy	M	186	MV50	22		04:00:11	214	03:59:55	214
144	Kate	McIntyre	F	29	FV50	3		04:00:27	215	04:00:00	215
692	Richard	Southan	M	187	MOPEN	92		04:01:21	216	04:01:13	216
741	Andrew	Sumner	M	188	MV45	31		04:02:14	217	04:02:12	223
213	Lee	Geist	M	189	MV45	32	RAZZERS RUNNERS	04:02:16	218	04:01:17	217
410	Hannah	Bull	F	30	FV35	6		04:02:26	219	04:02:11	221
563	Laurence	Jones	M	190	MOPEN	93		04:02:27	220	04:01:52	218
567	David	Jones	M	191	MOPEN	94		04:02:31	221	04:01:56	220
669	Ben	Davies	M	192	MOPEN	95		04:02:47	222	04:02:42	227
420	Stuart	Long	M	193	MOPEN	96		04:02:50	223	04:02:27	224
367	Richard	Storr	M	194	MOPEN	97		04:02:50	224	04:02:27	225
60	Martyn	Coward	M	195	MOPEN	98		04:02:55	225	04:02:38	226
835	david	bainbridge	M	196	MV40	29		04:02:57	226	04:01:55	219
315	Martin	Doyle	M	197	MOPEN	99	EMERSONS GREEN RUNNING CLUB	04:03:05	227	04:02:11	222
562	Mark	Sands	M	198	MV40	30		04:03:12	228	04:02:59	228
143	Emily	Watts	F	31	FOPEN	13		04:03:25	229	04:03:05	229
837	Andrew	Mullen	M	199	MOPEN	100	TRAWDEN AC	04:04:04	230	04:04:00	230
586	Steven	Martin	M	200	MV45	33		04:04:24	231	04:04:19	235
454	Graham	Grieve	M	201	MV45	34	ALCHESTER RUNNING CLUB	04:04:28	232	04:04:13	233
452	Louisa	Watts	F	32	FOPEN	14		04:04:31	233	04:04:10	232
792	Jen	Wolstenholme	F	33	FV40	7	HOLMFIRTH HARRIERS	04:04:49	234	04:04:16	234
81	Tim	Powell-Perry	M	202	MOPEN	101	HOLME PIERREPONT RC	04:04:54	235	04:04:09	231
683	Tom	Chapman	M	203	MV45	35	QUAKERS RC	04:05:01	236	04:04:37	236
847	James	Fairfield	M	204	MV45	36		04:05:12	237	04:05:05	240
633	Peter	Binfield	M	205	MOPEN	102		04:05:15	238	04:05:01	239
804	William	Horrocks	M	206	MV45	37		04:05:15	239	04:04:46	237
78	John	Trevett	M	207	MV55	13		04:05:30	240	04:04:50	238
237	Stephanie	Sharp	F	34	FV45	2		04:05:40	241	04:05:05	241
244	Nick	Mould	M	208	MV40	31		04:06:05	242	04:05:15	243
881	Phil	Cunliffe	M	209	MOPEN	103		04:06:15	243	04:05:12	242
870	Colin	Knox	M	210	MV45	38	WEE GRUMPY RUNNERS	04:06:28	244	04:05:47	244
820	Leanne	Jackson	F	35	FOPEN	15		04:07:09	245	04:06:02	245

283	Antony	Dunkels	M	211	MOPEN	104		04:07:21	246	04:06:50	246
432	Rob	Hardwick	M	212	MV45	39	PENNY LANE STRIDERS	04:07:37	247	04:07:15	248
302	Victoria	Upton	F	36	FOPEN	16	HELM HILL RUNNERS	04:07:46	248	04:07:25	249
145	Giles	Blackburn	M	213	MV50	23		04:08:03	249	04:07:12	247
392	Euan	Cowan	M	214	MV40	32		04:08:22	250	04:07:27	250
316	Tierney	Maude	F	37	FOPEN	17		04:08:35	251	04:07:46	251
436	Gary	Wade	M	215	MV55	14	100 MARATHON CLUB	04:08:42	252	04:08:33	252
736	Anna	Seeley	F	38	FOPEN	18	ELVET STRIDERS	04:08:49	253	04:08:39	253
800	Anna	Kisluk	F	39	FV50	4	ECCLESHILL ROAD RUNNERS	04:09:39	254	04:09:12	255
661	Pete	McGuire	M	216	MOPEN	105		04:10:01	255	04:09:47	257
828	Andrew	Burton	M	217	MV40	33		04:10:05	256	04:09:49	258
852	Ryan	Smales	M	218	MOPEN	106		04:10:16	257	04:09:08	254
667	David	Green	M	219	MV40	34		04:10:19	258	04:09:38	256
194	Richard	Baldock	M	220	MOPEN	107	BEDFORD HARRIERS	04:10:46	259	04:10:35	260
138	Robert	Shirlaw	M	221	MV50	24	NORTHOWRAM PUMAS RUNNING	04:10:55	260	04:10:37	262
450	Mike	Lunn	M	222	MOPEN	108		04:11:03	261	04:10:44	263
387	Rachel	Williams	F	40	FOPEN	19		04:11:08	262	04:10:55	265
785	Paul	Myerscough	M	223	MV55	15		04:11:26	263	04:10:34	259
782	Chris	Price	M	224	MV50	25	YORK ACORN RUNNING CLUB	04:11:29	264	04:11:25	268
755	Stephen	Ward	M	225	MV55	16		04:11:31	265	04:11:05	267
326	Martin	Bennett	M	226	MV40	35		04:11:46	266	04:10:36	261
639	Charles	Cowling	M	227	MV50	26		04:11:50	267	04:10:58	266
240	Adam	Clark	M	228	MV40	36	LANCASHIRE FIRE & RESCUE SERVI	04:12:03	268	04:10:49	264
122	Martin	Bullock	M	229	MV50	27	PUDSEY PACERS RC	04:12:33	269	04:12:26	270
616	Steve	Marshall	M	230	MV45	40	LINCOLN & DISTRICT RUNNERS	04:13:07	270	04:12:18	269
257	Steve	Braithwaite	M	231	MV45	41	KENDAL AC	04:13:08	271	04:12:31	271
872	Bradley	Leadbetter	M	232	MOPEN	109		04:13:13	272	04:12:53	274
516	John	Pashley	M	233	MV40	37		04:13:36	273	04:12:48	272
290	Mark	Oakley	M	234	MV40	38		04:13:36	274	04:12:49	273
810	Adam	Lowe	M	235	MV45	42	LOSTOCK AC	04:13:41	275	04:13:18	278
630	Colin	Longworth	M	236	MV60	4		04:13:45	276	04:13:42	280
533	Pauline	Tyson	F	41	FV50	5	HOWGILL HARRIERS	04:13:45	277	04:12:54	276
475	Eddie	Warren	M	237	MOPEN	110		04:13:57	278	04:13:34	279
673	Hannah	Green	F	42	FOPEN	20		04:13:57	279	04:13:47	282
212	Helen	Law	F	43	FV35	7		04:13:58	280	04:13:06	277
772	Jason	Ciesielski	M	238	MV45	43	RODILLIAN RUNNERS	04:14:01	281	04:13:46	281
449	Michael	Lynch	M	239	MOPEN	111		04:14:08	282	04:12:54	275
742	Ian	Griffin	M	240	MV45	44		04:14:26	283	04:14:05	284
558	Harshad	Patel	M	241	MOPEN	112		04:14:32	284	04:14:16	286
478	Mark	Bell	M	242	MV40	39		04:14:42	285	04:13:58	283
230	Caroline	Davis	F	44	FV45	3	GRANTHAM RUNNING CLUB	04:14:42	286	04:14:10	285

428	Justin	Thornberry	M	243	MV40	40		04:14:43	287	04:14:19	289
746	Meg	Holmes	F	45	FOPEN	21	JESMOND JOGGERS	04:14:58	288	04:14:50	293
815	Steven	Vaughan	M	244	MV45	45		04:15:02	289	04:14:16	287
279	Simon	Pierce	M	245	MV45	46		04:15:03	290	04:14:21	290
722	Matt	Johnston	M	246	MOPEN	113		04:15:23	291	04:14:19	288
647	Iain	Asher	M	247	MV50	28	DARWEN DASHERS	04:15:29	292	04:14:24	291
190	John	Halligan	M	248	MOPEN	114		04:15:32	293	04:15:08	295
127	Annaliese	Sales	M	249	MOPEN	115	ULVERSTON TRI CLUB	04:15:39	294	04:15:36	299
575	Stephen	Burton	M	250	MOPEN	116		04:15:49	295	04:14:56	294
284	David	Jarrett	M	251	MV55	17		04:15:53	296	04:14:40	292
608	Felix	Slooman	M	252	MOPEN	117		04:15:54	297	04:15:14	296
495	Simon	Gaier	M	253	MOPEN	118		04:15:59	298	04:15:27	298
346	Zoe	Robertson	F	46	FOPEN	22		04:16:02	299	04:15:51	301
646	Martyn	Parker	M	254	MOPEN	119		04:16:22	300	04:16:04	303
704	Mark	Molyneaux	M	255	MV45	47		04:16:27	301	04:15:57	302
484	Peter	Charnock	M	256	MV65	1		04:16:31	302	04:15:17	297
635	John	McCann	M	257	MV65	2	KENDAL AC	04:16:41	303	04:15:50	300
659	John	Warr	M	258	MV40	41	COBRA RC	04:18:58	304	04:17:50	304
674	Andrew	Royle	M	259	MOPEN	120		04:19:05	305	04:18:53	306
84	Brian	Ward	M	260	MV55	18		04:19:15	306	04:19:05	307
330	Matt	Rees	M	261	MV40	42		04:19:23	307	04:18:22	305
442	Phoebe	Bramley	F	47	FOPEN	23		04:19:50	308	04:19:43	312
396	Joe	Hawkins	M	262	MV40	43		04:20:02	309	04:19:16	309
679	Tom	Hodgkiss	M	263	MOPEN	121		04:20:05	310	04:19:26	310
341	Jessica	Maycock	F	48	FOPEN	24		04:20:12	311	04:19:45	313
802	John	Crayston	M	264	MOPEN	122		04:20:20	312	04:19:35	311
756	Ruaridh	Kennedy	M	265	MOPEN	123		04:20:27	313	04:19:15	308
590	Phil	Hammond	M	266	MV55	19	HYDE PARK HARRIERS	04:20:33	314	04:20:22	315
660	Philip	Stanley	M	267	MOPEN	124		04:20:38	315	04:20:34	317
52	Joanne	Moyers	F	49	FV40	8	WIDNES WASPS	04:20:57	316	04:20:18	314
762	John	Hunter	M	268	MV50	29		04:21:00	317	04:20:54	318
702	Glenn	Turnbull	M	269	MV55	20		04:21:16	318	04:20:59	320
440	Louisa	Rodriguez	F	50	FOPEN	25		04:21:24	319	04:21:21	321
319	Peter	Foulds	M	270	MOPEN	125	DARLINGTON HARRIERS & AC	04:21:39	320	04:20:30	316
264	Julie	Brocklehurst	F	51	FV45	4		04:21:49	321	04:20:57	319
698	Adi	uzvolk	M	271	MV40	44		04:22:01	322	04:21:35	323
171	Oliver	Downing	M	272	MV70	1	BINGLEY HARRIERS AND AC	04:22:21	323	04:22:13	326
851	Harrison	Ward	M	273	MOPEN	126		04:22:25	324	04:21:22	322
425	Tim	Hayward	M	274	MOPEN	127		04:22:42	325	04:21:51	324
618	Tom	Drummond	M	275	MOPEN	128		04:23:19	326	04:23:02	331
518	Patrick	Drummond	M	276	MOPEN	129		04:23:20	327	04:23:03	332

327	David	Wheatley	M	277	MV40	45		04:23:23	328	04:22:13	325
224	Paul	Atherton	M	278	MOPEN	130		04:23:24	329	04:22:23	328
225	Shona	Atherton	F	52	FV35	8	HELM HILL RUNNERS	04:23:24	330	04:22:23	327
350	Jane	Ives	F	53	FV45	5	ELVET STRIDERS	04:23:31	331	04:23:19	334
305	David	Bayliss	M	279	MOPEN	131	RED ROSE ROAD RUNNERS	04:23:38	332	04:22:45	329
455	Kenichi	Fukuhara	M	280	MV55	21	100 MARATHON CLUB	04:23:39	333	04:23:30	337
839	Michael	Pate	M	281	MV45	48		04:23:47	334	04:23:39	340
399	Jared	Karim	M	282	MV40	46	BADGERS	04:23:49	335	04:23:20	335
719	Alan	Argyle	M	283	MV60	5	BADGERS	04:23:49	336	04:23:20	336
752	Paul	Waterhouse	M	284	MOPEN	132		04:23:58	337	04:22:59	330
751	Ian	Penney	M	285	MOPEN	133		04:24:05	338	04:23:06	333
693	David	Goodyear	M	286	MV50	30	ECCLESHILL ROAD RUNNERS	04:24:22	339	04:23:55	346
464	John	MacQueen	M	287	MV40	47		04:24:23	340	04:23:47	342
499	Chris	Fuller	M	288	MOPEN	134		04:24:24	341	04:23:47	343
419	Lee	Rising	M	289	MV50	31		04:24:25	342	04:23:45	341
306	Mark	Holmes	M	290	MV40	48		04:24:26	343	04:23:53	345
625	Davina	Lonsdale	F	54	FV50	6	BLYTH RUNNING CLUB	04:24:30	344	04:23:36	339
581	Salman	Shamim	M	291	MV40	49		04:24:33	345	04:24:00	347
877	Anglea	Colby	F	55	FV45	6	THORNTON CLEVELEYS	04:24:37	346	04:24:32	350
380	Dee	Carberry	F	56	FOPEN	26		04:24:45	347	04:23:36	338
662	Duncan	Evans	M	292	MV45	49		04:24:59	348	04:23:50	344
401	Susie	Matthews	F	57	FV65	1		04:25:15	349	04:24:56	353
467	Sue	Henderson	F	58	FV40	9		04:25:24	350	04:24:41	352
524	Bill	Brown	M	293	MV45	50		04:25:33	351	04:24:17	348
67	Ian	Spriggs	M	294	MV50	32		04:25:33	352	04:24:17	349
644	Oliver	Howse	M	295	MOPEN	135		04:25:42	353	04:25:34	357
371	Heidi	Kirkby	F	59	FV40	10		04:25:46	354	04:25:35	358
370	Dale	Wallis	M	296	MV50	33		04:25:46	355	04:25:36	359
513	Dingliang	Wen	M	297	MOPEN	136		04:25:47	356	04:24:39	351
544	Martin	Greensitt	M	298	MOPEN	137	DERWENT VALLEY TRAIL TUNNERS	04:25:54	357	04:25:43	361
677	Sophie	Ranson	F	60	FOPEN	27		04:26:10	358	04:25:29	356
587	Susan	Peachey	F	61	FV45	7	DURSLEY RUNNING CLUB	04:26:18	359	04:25:41	360
168	Ed	Van Beek	M	299	MV55	22		04:26:29	360	04:25:55	363
169	Mieke	Hekkers	F	62	FV50	7		04:26:29	361	04:25:54	362
787	Chris	Emerson	M	300	MV40	50		04:26:40	362	04:25:20	354
301	Sally	Nutter	F	63	FV40	11	BARNSLEY AC	04:26:43	363	04:25:28	355
210	Anna	Bailey	F	64	FOPEN	28		04:26:59	364	04:26:45	365
628	Jun	Peng	M	301	MOPEN	138		04:27:43	365	04:26:37	364
453	Gareth	Mason	M	302	MV45	51		04:28:28	366	04:28:12	367
696	Ian	Gray	M	303	MV70	2	NORTHERN MASTERS	04:28:29	367	04:28:13	368
23	Thomas	Ward	M	304	MOPEN	139		04:28:38	368	04:27:38	366

602	Richard S	Martin	M	305	MOPEN	140		04:28:56	369	04:28:17	369
648	Kenbo	Rowe	M	306	MV60	6	PENISTONE FOOTPATH RUNNERS	04:29:44	370	04:28:52	370
365	Carl	Grinnell	M	307	MV40	51	BROMSGROVE AND REDDITCH AT	04:29:45	371	04:29:30	372
384	Helen	Simmons	F	65	FV35	9	NYMAC	04:30:05	372	04:29:56	377
474	Sarah	Joule-Smith	F	66	FV45	8		04:30:09	373	04:29:56	378
172	Andy	Myers	M	308	MOPEN	141		04:30:10	374	04:29:32	373
812	Nick	Parry	M	309	MOPEN	142		04:30:19	375	04:29:38	374
813	Ian	Bloomfield	M	310	MOPEN	143		04:30:20	376	04:29:38	375
356	Allison	Mcintyre	F	67	FV45	9		04:30:26	377	04:30:04	379
373	Rowan	Temple	M	311	MOPEN	144	KIRKSTALL HARRIERS.	04:30:35	378	04:30:28	382
456	Michiko	Thomas	F	68	FV50	8		04:30:36	379	04:30:27	381
385	Chris	Graham	M	312	MOPEN	145		04:30:36	380	04:29:26	371
289	Robert	Smith	M	313	MOPEN	146		04:30:59	381	04:29:52	376
535	Rob	Sitch	M	314	MOPEN	147		04:31:15	382	04:30:15	380
131	George	McDonough	M	315	MV40	52		04:31:41	383	04:31:03	385
574	Phil	Makin	M	316	MV40	53	BEESTON AC	04:31:47	384	04:30:53	383
514	Garry	Brownbridge	M	317	MV55	23	ABBAY RUNNERS	04:31:49	385	04:31:33	386
333	Jackie	Oakes	F	69	FV40	12	BURNDEN ROAD RUNNERS	04:31:53	386	04:30:57	384
626	Steve	Brewin	M	318	MV40	54		04:31:59	387	04:31:49	389
308	Alexandra	Whapples	F	70	FV45	10	VOCALINK RUNNING CLUB	04:32:04	388	04:31:34	387
153	Deborah	Stevenson	F	71	FOPEN	29	TRAWDEN AC	04:32:25	389	04:32:03	391
638	Patrick	Hannon	M	319	MV65	3		04:32:39	390	04:31:47	388
850	Bill	Hornby	M	320	MV45	52	HARTLEPOOL BURN ROAD HARRIE	04:32:47	391	04:32:02	390
466	Annette	Ryan	F	72	FV35	10		04:33:06	392	04:33:01	394
622	David	Eke	M	321	MOPEN	148		04:33:12	393	04:33:01	393
345	Robin	Stuart	M	322	MV45	53		04:33:42	394	04:32:34	392
551	James	Garbe	M	323	MOPEN	149		04:33:58	395	04:33:32	396
862	James	Treanor	M	324	MOPEN	150		04:34:16	396	04:33:06	395
710	Louise	Knock	F	73	FV50	9		04:34:23	397	04:33:52	399
732	Abigail	Willson	F	74	FOPEN	30	QUAKERS RC	04:34:23	398	04:33:42	398
627	Nigel	Kersey	M	325	MV45	54		04:34:39	399	04:34:30	401
774	Mathew	Beaumont	M	326	MOPEN	151		04:34:40	400	04:33:37	397
844	Teerapong	Ninvoraskul	M	327	MV45	55		04:34:49	401	04:34:47	404
415	Rebekah	Caine	F	75	FV35	11		04:35:06	402	04:34:41	402
125	Anna	Goodwin	F	76	FV45	11	SWINTON RC	04:35:23	403	04:34:42	403
578	Adam	Dodd	M	328	MOPEN	152		04:35:29	404	04:34:25	400
309	Justin	Campbell	M	329	MV45	56		04:35:42	405	04:35:14	405
375	Jan	Suddaby	F	77	FV50	10	EAST HULL HARRIERS	04:35:58	406	04:35:18	406
553	Jayne	Ellwood	F	78	FOPEN	31		04:36:01	407	04:35:24	407
776	Justin	Clarke	M	330	MV40	55		04:36:24	408	04:35:32	408
701	Catherine	Smith	F	79	FV40	13	ELVET STRIDERS	04:37:28	409	04:37:19	413

836	Stephan	Schumacher	M	331	MV45	57		04:37:54	410	04:36:54	409
871	Guy	Mason	M	332	MV40	56		04:37:58	411	04:37:17	412
459	Robert	Gilbert	M	333	MV60	7		04:38:13	412	04:37:02	410
715	Peter	Costley	M	334	MV45	58		04:38:23	413	04:37:16	411
227	Katie	Harrison	F	80	FOPEN	32		04:38:43	414	04:38:07	415
77	Nick	Costin	M	335	MV50	34	REDWAY RUNNERS	04:38:57	415	04:38:01	414
691	Fiona	Pudge	F	81	FV45	12	TRAWDEN AC	04:39:08	416	04:38:17	416
521	Mark	Kolodziejczak	M	336	MOPEN	153		04:39:11	417	04:38:30	418
694	Adam	Hornby	M	337	MOPEN	154		04:39:16	418	04:38:24	417
139	Lee	Smith	M	338	MV45	59	KINGSTON UPON HULL AC	04:39:19	419	04:39:05	420
485	Gillian	Wolstenholme	F	82	FV60	2		04:39:19	420	04:38:38	419
671	Marie	Godson	F	83	FV50	11	100 MARATHON CLUB	04:39:23	421	04:39:09	421
631	Jason	Watters	M	339	MV40	57		04:39:52	422	04:39:45	422
158	Jenny	Cornish	F	84	FV35	12		04:40:26	423	04:40:08	424
617	Ian	Humphreys	M	340	MV50	35		04:40:27	424	04:39:55	423
90	Christopher	Whitby	M	341	MOPEN	155		04:40:52	425	04:40:27	427
294	Caroline	Leatherdale	F	85	FV45	13		04:40:57	426	04:40:20	425
298	Ruth	Sealey	F	86	FOPEN	33		04:41:08	427	04:40:20	426
443	Sharon	Robinson	F	87	FV35	13	RIPON ROAR	04:41:17	428	04:40:41	428
151	Jonathon	Wood	M	342	MV50	36		04:41:53	429	04:41:47	434
849	Julie	Williamson	F	88	FV45	14	HORWICH HARRIERS	04:42:13	430	04:41:37	431
743	James	Stuart-Mills	M	343	MV45	60	RIPON RUNNERS	04:42:16	431	04:41:46	433
610	Evan	Shanks	M	344	MV40	58		04:42:17	432	04:41:30	430
596	Samantha	Edwards	F	89	FOPEN	34	RED ROSE ROAD RUNNERS	04:42:17	433	04:41:24	429
503	Darren	Heath	M	345	MV40	59	100 MARATHON CLUB	04:42:24	434	04:41:39	432
592	Jessica	Thomas	F	90	FV35	14		04:42:41	435	04:41:53	435
591	Mark	Thomas	M	346	MV40	60		04:42:42	436	04:41:53	436
324	Sharon	Jones	F	91	FV40	14		04:42:51	437	04:42:03	438
79	Sheila	Dwerryhouse	F	92	FV60	3	FOUNTAIN FUN RUNNERS	04:42:56	438	04:42:11	439
615	Viola	Zuokumo	F	93	FOPEN	35		04:43:07	439	04:41:55	437
197	Graham	Dewar	M	347	MV50	37		04:43:16	440	04:42:55	442
688	Jonas	Tattersall	M	348	MOPEN	156		04:43:22	441	04:42:27	440
161	Gus	Williams	M	349	MV50	38		04:43:33	442	04:42:53	441
543	Irfan	Qureshi	M	350	MV50	39	BURY ATHLETICS CLUB	04:43:42	443	04:43:07	444
121	Nicholas	Bacon	M	351	MOPEN	157		04:43:46	444	04:43:39	447
184	Anthony	Turner	M	352	MOPEN	158		04:43:51	445	04:43:08	445
658	Sue	Beattie	F	94	FV40	15		04:44:10	446	04:43:02	443
94	Rachel	Edwards	F	95	FOPEN	36		04:44:16	447	04:44:01	449
580	Jonathan	Seeds	M	353	MV45	61		04:44:27	448	04:44:15	451
460	Kelly	Meyrick	F	96	FV40	16		04:44:35	449	04:43:26	446
248	Sam	Hughes	M	354	MOPEN	159		04:44:45	450	04:44:21	452

771	Geoff	Seagrove	M	355	MV55	24		04:44:46	451	04:44:22	453
682	Mark	Smith	M	356	MV40	61	WAVENEY VALLEY AC	04:44:47	452	04:44:25	455
793	David	Batty	M	357	MV50	40	SWINTON RC	04:44:48	453	04:44:43	458
721	Ben	Wilkinson	M	358	MOPEN	160		04:44:58	454	04:43:57	448
564	James	Butler	M	359	MOPEN	161		04:45:01	455	04:44:07	450
748	Ian	Mirrelson	M	360	MV45	62		04:45:23	456	04:44:29	457
749	Bradley	Mirrelson	M	361	MOPEN	162		04:45:23	457	04:44:28	456
142	Victoria	Allgar	F	97	FV45	15		04:45:29	458	04:44:23	454
323	Tanya	Rutter	F	98	FV40	17		04:45:39	459	04:44:51	459
321	Christina	Manning	F	99	FV35	15		04:45:57	460	04:45:20	460
867	Emma	Brooks	F	100	FV35	16		04:46:15	461	04:45:27	461
331	Per	Knutsson	M	362	MV45	63		04:46:18	462	04:45:47	462
487	Martyn	Minchella	M	363	MOPEN	163		04:46:36	463	04:46:11	463
278	Evan	Jones	M	364	MV50	41		04:47:30	464	04:46:34	464
270	Kirstie	Higgins	F	101	FV40	18		04:47:55	465	04:47:44	467
99	David	Philpott	M	365	MV55	25		04:48:20	466	04:48:01	468
611	Susie	Anton	F	102	FOPEN	37		04:48:33	467	04:47:29	466
74	Karl	Furse	M	366	MV45	64	BLACK COMBE RUNNERS	04:49:01	468	04:47:20	465
429	Wayne	Richards	M	367	MV50	42	FYLDE COAST RUNNERS	04:49:13	469	04:48:34	469
880	Kerry	Whitehill	F	103	FV40	19	KNOWLE & DORRIDGE RC	04:49:20	470	04:48:37	470
833	Chris	Jackson	M	368	MV45	65		04:49:39	471	04:48:48	471
737	Claire	Garbe	F	104	FOPEN	38		04:49:58	472	04:49:32	474
784	Eleanor	Tillotson	F	105	FV45	16		04:50:09	473	04:49:33	475
317	Julia	Wesely	F	106	FOPEN	39		04:50:21	474	04:49:59	476
231	William	Lafoe	M	369	MV50	43		04:50:30	475	04:50:01	477
245	Katie	Webster	F	107	FV35	17	SCARBOROUGH ATHLETICS CLUB	04:50:31	476	04:49:21	472
489	Damian	Garwell	M	370	MOPEN	164		04:50:39	477	04:49:27	473
795	Matthew	Simpson	M	371	MOPEN	165		04:50:53	478	04:50:26	480
477	Michaela	Clarke	F	108	FV40	20	COLCHESTER HARRIERS	04:51:02	479	04:50:04	478
476	James	Taylor	M	372	MV40	62	COLCHESTER HARRIERS	04:51:02	480	04:50:05	479
277	Amanda	Heap	F	109	FV35	18	CITY OF YORK AC	04:51:22	481	04:51:12	482
276	Chris	Brennan	M	373	MV50	44		04:51:22	482	04:51:12	483
351	Elin	Eriksson Klock	F	110	FOPEN	40		04:51:24	483	04:50:34	481
176	Paul	Taylor	M	374	MOPEN	166		04:51:43	484	04:51:19	484
208	Gillian	Brooker	F	111	FV45	17		04:52:15	485	04:51:48	487
272	Matthew	Wilson	M	375	MOPEN	167		04:52:48	486	04:52:01	488
344	Chris	Wilson	M	376	MV40	63		04:52:48	487	04:52:02	489
233	Hannah	Mansell	F	112	FV35	19		04:52:49	488	04:51:40	485
412	Andy	Clewes	M	377	MV45	66		04:53:02	489	04:51:47	486
232	Christopher	Jones	M	378	MV40	64		04:53:03	490	04:52:13	490
273	Jonathon	Arnold	M	379	MOPEN	168		04:53:04	491	04:52:13	491

744	Stephen	Elliott	M	380	MOPEN	169		04:54:09	492	04:53:25	492
342	Stephen	Corner	M	381	MV40	65		04:55:03	493	04:54:15	493
555	Stephen	Evans	M	382	MOPEN	170		04:55:12	494	04:55:06	496
275	Graham	Dennison	M	383	MV40	66	POOLE RUNNERS	04:55:51	495	04:54:49	494
200	Julie	Martin	F	113	FV40	21	KENT POLICE AC	04:55:58	496	04:54:59	495
791	Chris	Cash	M	384	MV60	8	DARWEN DASHERS	04:56:09	497	04:55:34	497
603	Garry	Vernon	M	385	MV50	45	FETCH EVERYONE	04:56:52	498	04:56:14	498
322	Nick	Armstrong	M	386	MOPEN	171	BENTHAM BEAGLES RUNNING CLU	04:56:58	499	04:56:22	499
770	Angela	Bamber	F	114	FV40	22		04:57:22	500	04:57:08	500
764	Andrew	Moxham	M	387	MV40	67		04:57:22	501	04:57:09	501
811	Andy	Robinson	M	388	MV45	67		04:57:53	502	04:57:20	502
318	Richard	Spooner	M	389	MOPEN	172	BARNSLEY HARRIERS	04:58:00	503	04:57:43	504
286	David	Howes	M	390	MOPEN	173	BARNSLEY HARRIERS	04:58:00	504	04:57:44	505
112	Janet	Regan	F	115	FV40	23		04:58:02	505	04:57:43	503
166	David	Roberts	M	391	MOPEN	174		04:58:28	506	04:58:02	506
763	Joni	Southall	F	116	FV40	24		04:58:40	507	04:58:25	508
547	Alison	Campbell	F	117	FV50	12	ST ALBANS STRIDERS	04:59:13	508	04:58:04	507
860	John	Cocker	M	392	MV40	68		04:59:27	509	04:58:58	510
655	Mark	Bradshaw	M	393	MV45	68		04:59:41	510	04:58:27	509
89	Alice	Kershaw	F	118	FOPEN	41		04:59:43	511	04:59:19	511
91	Don	Kershaw	M	394	MV60	9		04:59:43	512	04:59:19	512
855	Dominic	Boooth	M	395	MV50	46		04:59:59	513	04:59:55	514
856	Iwona	Booth	F	119	FV35	20		04:59:59	514	04:59:56	515
537	Robert	Mcgaffin	M	396	MOPEN	175		05:00:51	515	04:59:49	513
256	Jane Hilton	Taylor	F	120	FV45	18		05:00:52	516	05:00:32	520
255	Catherine	Smith	F	121	FV50	13		05:00:52	517	05:00:32	521
716	Thomas	Semmons	M	397	MOPEN	176		05:01:00	518	05:00:30	519
340	David	Quenan	M	398	MV65	4		05:01:08	519	05:00:56	525
817	Gayle	Lowe	F	122	FV35	21		05:01:11	520	05:00:07	516
189	Rebecca	Heron	F	123	FOPEN	42		05:01:14	521	05:00:53	523
403	Sarah	Glanville	F	124	FOPEN	43		05:01:15	522	05:00:55	524
583	Julie	Nisbet	F	125	FOPEN	44	AYCLIFFE RUNNING CLUB	05:01:19	523	05:00:09	517
404	Lucie	Glanville	F	126	FOPEN	45		05:01:19	524	05:01:00	526
369	Ian	Brassell	M	399	MV50	47		05:01:29	525	05:00:28	518
759	Warren	Bullough	M	400	MV40	69		05:01:43	526	05:00:39	522
445	James	Tucker	M	401	MOPEN	177		05:02:37	527	05:02:03	528
819	Leonie	Ffoulkes	F	127	FV35	22		05:02:38	528	05:02:18	531
444	Andrew	Tucker	M	402	MV40	70		05:02:39	529	05:02:05	529
585	Ian	Mellish	M	403	MV50	48		05:02:42	530	05:02:26	532
431	Setian	Coulibaly	M	404	MV45	69		05:02:42	531	05:01:33	527
656	Rachel	Kuypers	F	128	FV40	25	WIDNES WASPS	05:02:47	532	05:02:08	530

98	Jan	Owen	F	129	FV50	14		05:04:02	533	05:03:45	534
69	Stuart	Heys	M	405	MOPEN	178		05:04:14	534	05:03:09	533
761	Kate	Morris	F	130	FOPEN	46	BENTHAM BEAGLES RUNNING CLL	05:05:27	535	05:04:52	535
314	Diane	Armstrong	F	131	FV40	26	BENTHAM BEAGLES RUNNING CLL	05:05:28	536	05:04:52	536
269	Stacey	Cooper	F	132	FOPEN	47		05:05:42	537	05:05:31	537
268	Jahn	Hanson	M	406	MV40	71		05:06:18	538	05:06:06	539
794	Margaret	Wilson	F	133	FV65	2		05:06:40	539	05:06:13	540
589	Jayne	Wetherley	M	407	MV45	70	SWIFT TEES	05:06:50	540	05:05:53	538
363	Andy	Shackleton	M	408	MV70	3		05:07:21	541	05:07:01	542
288	Andrew	Bunn	M	409	MV45	71		05:07:32	542	05:07:00	541
745	Colette	Whelan	F	134	FV55	2		05:08:18	543	05:07:56	545
297	Emma	Penfold	F	135	FV45	19	SITTINGBOURNE STRIDERS	05:08:21	544	05:07:27	543
137	Marc	McOwens	M	410	MV45	72		05:08:26	545	05:07:34	544
18	Charlotte	Kershaw	F	136	FOPEN	48		05:08:56	546	05:08:08	546
114	Phil	Dunn	M	411	MV50	49		05:10:40	547	05:09:54	547
354	Jane	Hunter	F	137	FV55	3	LANCASTER WOMENS RUNNING C	05:10:49	548	05:10:29	548
242	Cinty	Yarnell	F	138	FV55	4		05:12:32	549	05:12:03	551
134	Denise	Walker	F	139	FV50	15		05:12:39	550	05:12:25	553
494	Helen	Barrows	F	140	FV35	23		05:12:46	551	05:12:08	552
681	Lorna	Rayson	F	141	FV35	24		05:13:04	552	05:11:53	549
797	Simon	Kirkby	M	412	MV45	73		05:13:04	553	05:11:53	550
735	Katie	Collins-Sidwell	F	142	FOPEN	49		05:13:57	554	05:13:34	554
31	David	Harris	M	413	MOPEN	179		05:15:00	555	05:14:35	556
303	Anna	McNulty	F	143	FOPEN	50		05:15:18	556	05:14:29	555
193	Lisa	Allison	F	144	FV45	20		05:16:04	557	05:15:51	559
685	James	Barnes	M	414	MV55	26	UK NETRUNNER	05:16:20	558	05:15:11	557
733	Alan	Ballard	M	415	MV45	74		05:16:31	559	05:15:31	558
573	Arwen	Makin	F	145	FV35	25	BEESTON AC	05:17:39	560	05:16:45	561
479	Sheamus	Cogan	M	416	MV50	50		05:17:40	561	05:16:27	560
252	Philip	Ramsden	M	417	MV55	27	HORSFORTH HARRIERS	05:18:23	562	05:17:25	562
515	Michael	Till	M	418	MV65	5		05:18:40	563	05:18:09	564
109	Joanne	Conroy	F	146	FV35	26	ACKWORTH ROAD RUNNERS	05:18:46	564	05:18:08	563
108	Stephen	Wong	M	419	MOPEN	180	ACKWORTH ROAD RUNNERS	05:18:47	565	05:18:09	565
110	Stuart	West-Wilson	M	420	MV40	72		05:18:47	566	05:18:09	566
334	Georgia	Collins	F	147	FOPEN	51	NORTHERN FRONT RUNNERS	05:19:43	567	05:18:36	567
807	Geoffrey	Simmons	M	421	MV65	6	WEST WIGHT ROAD RUNNERS	05:20:14	568	05:19:00	568
789	David	Morris	M	422	MV45	75	PARKSIDE PANTHERS	05:20:33	569	05:20:09	569
788	Steven	Hartle	M	423	MOPEN	181	PARKSIDE PANTHERS	05:20:38	570	05:20:15	570
768	Pete	Baistow	M	424	MV40	73	PENDLE AC	05:20:53	571	05:20:17	571
767	Jean	Baistow	F	148	FV65	3	TRAWDEN AC	05:20:54	572	05:20:17	572
714	Viren	Walia	M	425	MOPEN	182		05:20:56	573	05:20:37	573

343	Bev	Thomas	F	149	FV55	5		05:21:07	574	05:20:41	574
652	Walt	Cartright	M	426	MV45	76		05:21:15	575	05:21:03	576
651	Sue	Cartwright	F	150	FV45	21		05:21:15	576	05:21:04	577
863	Elizabeth	Tunna	F	151	FOPEN	52		05:21:16	577	05:20:47	575
546	Ant	Cotton	M	427	MV55	28		05:21:32	578	05:21:12	579
39	Janet	Bowlby	F	152	FV45	22	QUAKERS RC	05:22:13	579	05:21:05	578
71	Lee	Hudspeth	M	428	MV40	74		05:22:47	580	05:21:44	580
769	Keith	Haywood	M	429	MV60	10		05:23:24	581	05:23:11	583
730	Robert	Davies	M	430	MOPEN	183		05:23:49	582	05:22:37	581
336	Iain	Conner	M	431	MV40	75		05:24:06	583	05:23:10	582
859	Lesley	Coulton	F	153	FV50	16	PLYMSTOCK RR	05:25:39	584	05:24:43	584
831	Andrea	Davison	F	154	FV35	27	RED ROSE ROAD RUNNERS	05:26:16	585	05:25:27	585
53	Gareth	Bell	M	432	MOPEN	184	RED ROSE ROAD RUNNERS	05:26:16	586	05:25:27	586
491	Stephen	Whyman	M	433	MV40	76		05:26:23	587	05:25:52	587
383	Sophie	Burr	F	155	FV35	28		05:26:58	588	05:26:49	589
111	Tanya	Martin	F	156	FV45	23		05:27:36	589	05:27:01	590
601	Leanne	Ruddick	F	157	FOPEN	53		05:27:39	590	05:26:29	588
783	Kim	How	M	434	MOPEN	185		05:28:02	591	05:27:12	591
757	Davey	Green	M	435	MV45	77	100 MARATHON CLUB	05:29:05	592	05:27:42	592
561	Peter	Girardi	M	436	MV70	4		05:29:49	593	05:29:20	593
402	Paul	Pennington	M	437	MOPEN	186		05:30:23	594	05:29:59	596
657	Jake	Kelly	M	438	MOPEN	187		05:30:30	595	05:29:40	595
260	Roger	Lewis	M	439	MV40	77		05:30:37	596	05:29:27	594
711	Joanne	Corburn	F	158	FV40	27		05:33:20	597	05:33:03	597
706	Amy	Norton	F	159	FOPEN	54		05:34:15	598	05:33:40	598
118	Grace	Oddie	F	160	FOPEN	55		05:35:07	599	05:33:55	599
156	Rosa	Elliott	F	161	FV55	6	SALE HARRIERS MANCHESTER	05:35:54	600	05:35:23	600
262	Penny	Moreton	F	162	FV55	7	GLAXO HOAD HILL HARRIERS	05:41:14	601	05:40:20	601
613	Sharon	Edwards	F	163	FV40	28		05:41:59	602	05:40:48	602
199	Deborah	Lowther	F	164	FV55	8		05:43:52	603	05:42:32	603
471	Jennifer	Free	F	165	FOPEN	56		05:44:35	604	05:43:31	604
490	Hilary	Hennah	F	166	FV40	30	ULVERSTON TRI CLUB	05:44:36	605	05:43:32	606
472	Niki	Moss	F	167	FV40	31		05:44:36	606	05:43:32	605
726	Emma	Corrie	F	168	FV35	29		05:48:29	607	05:48:16	609
72	Peter	Samuelson	M	440	MV70	5	SPECTRUM STRIDERS	05:48:42	608	05:47:42	608
120	Paul	Hunt	M	441	MV50	51		05:48:45	609	05:47:26	607
505	Mark	Dixon	M	442	MOPEN	188		05:49:40	610	05:48:35	610
504	Andrew	Smith	M	443	MOPEN	189	UK NETRUNNER	05:49:40	611	05:48:36	611
557	Gary	Swanton	M	444	MOPEN	190		05:50:58	612	05:49:56	612
241	Mark	Campbell	M	445	MV45	78		05:53:07	613	05:52:38	613
274	Moira	Roberts	F	169	FV45	24		05:56:40	614	05:55:31	614

167	Paul	Carter	M	446	MV45	79	WESHAM ROAD RUNNERS	06:00:05	615	05:59:30	616
723	Laura	Royston	F	170	FOPEN	57		06:00:06	616	05:59:29	615
676	Charlie	Banks	M	447	MOPEN	191		06:00:08	617	05:59:56	618
512	Yuxiu	Chen	M	448	MOPEN	192		06:00:53	618	05:59:45	617
649	Chung Wah	Lee	M	449	MV45	80		06:03:02	619	06:01:48	619
141	Victoria	Spratt	F	171	FV45	25		06:04:18	620	06:03:11	620
446	Dave	Lunn	M	450	MV40	78		06:07:18	621	06:06:49	621
857	Peter	Tucker	M	451	MV60	11	GADE VALLEY HARRIERS	06:07:31	622	06:07:27	625
61	Sophie	Savage	F	172	FOPEN	58		06:08:16	623	06:07:13	622
827	Mark	Watson	M	452	MV45	81		06:08:16	624	06:07:13	623
786	KERRY	BARNETT	F	173	FV45	26	ELVET STRIDERS	06:08:22	625	06:07:50	626
353	Kat	Ford	F	174	FOPEN	59	MEDWAY & MAIDSTONE	06:08:23	626	06:07:27	624
718	Paul	Adams	M	453	MV65	7	YORK KNAVESMIRE HARRIERS	06:08:27	627	06:08:27	627
423	Hazel	Moloney	F	175	FV50	17		06:12:24	628	06:12:20	628
424	Cormac	Moloney	M	454	MV50	52		06:12:24	629	06:12:21	629
703	Susan	Adams	F	176	FV65	4	YORK KNAVESMIRE HARRIERS	06:12:40	630	06:12:40	630
201	Sallyann	Webb	F	177	FV45	27		06:13:43	631	06:12:59	631
204	Michelle	Balderston	F	178	FV45	28		06:13:45	632	06:13:02	632
335	Tracy	Jane Cameron	F	179	FV50	18	BURNDEN ROAD RUNNERS	06:15:13	633	06:14:16	633
113	Martin	Fairall	M	455	MOPEN	193		06:15:35	634	06:15:29	636
437	Hannah	Witchalls	F	180	FOPEN	60	BISHOPS STORTFORD RUNNING CLUB	06:15:35	635	06:14:21	634
202	Charlotte	Webb	F	181	FOPEN	61		06:15:56	636	06:15:12	635
203	Annabelle	Batchelor	F	182	FOPEN	62		06:16:59	637	06:16:16	637
483	Rosie	OSullivan	F	183	FOPEN	63		06:17:31	638	06:16:45	638
246	Tony	Lawrence	M	456	MV50	53		06:27:50	639	06:26:20	639
247	Jennifer	Lawrence	F	184	FV40	32		06:27:50	640	06:26:31	640
265	Miranda	Bartlett	F	185	FV60	4	BRITISH ORIENTEERING ASSOCIATION	06:29:04	641	06:28:43	641
666	Wajid	Raza	M	457	MV50	54		06:29:55	642	06:29:50	642
636	Shazia	Shamim	F	186	FV35	30		06:31:01	643	06:30:40	644
640	Ashleigh	Matthews	F	187	FOPEN	64		06:31:01	644	06:30:39	643
619	Diane	Eke	F	188	FV55	9		06:38:38	645	06:38:08	645
82	Phil	Holbrook	M	458	MV55	29		06:47:00	646	06:46:13	646
70	Anastasia	Lincoln	F	189	FV60	5	IDLE AC	06:56:59	647	06:56:59	647
398	Dawn	Evans	F	190	FV50	19	BURNDEN ROAD RUNNERS	07:00:36	648	06:59:39	648
725	Nan	Ye	M	DNF	MOPEN	DNF		DNF	DNF	DNF	DNF
299	Rachel	Donaldson	F	DNF	FV45	DNF	SITTINGBOURNE STRIDERS	DNF	DNF	DNF	DNF
869	Philip	Baron	M	DNF	MV50	DNF		DNF	DNF	DNF	DNF
59	John	Worthington	M	DNF	MV50	DNF		DNF	DNF	DNF	DNF
598	Angela	Foster	F	DNF	FOPEN	DNF	ANSTEY RAMBLERS AND RUNNERS	DNF	DNF	DNF	DNF
211	Malcolm	Sygrove	M	DNF	MV50	DNF	ELVET STRIDERS	DNF	DNF	DNF	DNF
753	Helen	Heap	F	DNF	FV40	DNF		DNF	DNF	DNF	DNF

133	Jo	Brodey	M	DNF	MV45	DNF	ENGLAND ATHLETICS	DNF	DNF	DNF	DNF
421	Mal	Hills	M	DNF	MV55	DNF		DNF	DNF	DNF	DNF