On Sunday 19 May 2019 Brathay Trust will be running the ASICS Windermere Marathon & Brathay 5K road races. We are anticipating up to 1000 runners taking part in the 26.2 mile marathon & up to 300 runners taking part in the 5km race.

A brief outline of the traffic control measures & how they may effect you are provided in this document.

Where possible we have planned in ‘Impact Reduction’ measures to minimise the disruption to local businesses & residents.

1. Traffic Management Measure on the B5286
   Time: 10.00 – 12.00 page 3

2. Traffic Management Measure on the B5285
   Time: 10.00 – 11.30 page 4

3. Traffic Management Measure on the U5574 (Road at southern end of Hawkshead main street)
   Time: 10.30 – 12.15 page 5

4. Traffic Management Measure on the C5026 (Road to Newby Bridge)
   Time: 10.30 – 12.15 page 6

5. Traffic Management Measure on the C5026 at Newby Bridge
   Time: 10.30 – 12.15 page 7

6. Traffic Management Measure on A592
   Time: 10.00 – 16.00 page 7

7. Traffic Management Measure on A592 at Cooks Corner
   Time: 12.00 – 16.00 page 8

8. Traffic Management Measure on the B5286 Between the entrance to the Brathay estate & Clappersgate.
   Time: 12.45 – 17.00 page 8
ASICS Windermere Marathon race route

Starting on the B5286 immediately outside Brathay Hall at 10.30am & taking an anti-clockwise route around the lake:

- Follows the B5286 heading in a southerly direction to the B5285 junction at Hawkshead Farm
- The B5285 is followed to Hawkshead
- The route takes a direct line through the centre of Hawkshead village
- Exiting Hawkshead, the route follows the C5026 to Newby Bridge
- Across the bridge & along the footpath adjacent to the A590
- At the roundabout the route follows the A592 heading north to Bowness
- At Bowness the route follows the lanes behind the Stags Head & re-joins the A592 (Rayrigg Road). This is followed to the mini roundabout (Cooks Corner) where the route takes the footpath adjacent to the A591
- A591 is followed to Waterhead at Ambleside
- Here the route turns left onto Borrans Road; this is followed past the rugby club. Another left turn at the rugby club followed by the footbridge over the river
- The footpath adjacent to the A593 is followed to Clappersgate, where the B5286 is joined
- The route finishes on the front lawn of Brathay Hall

Brathay 5K race route

The race starts on the B5286 immediately outside Brathay Hall at 10.45am. The route follows the B5286 & turns right at the entrance to Skelwith Fold Caravan Park. The race turns right at Skelwith Fold and then follows Bog Lane in a easterly direction back to Brathay Hall where the race finishes.
Temporary road closure on the B5286 north of Hawkshead, near Ambleside, from its junction with the A593 at Brathay, Clappersgate, extending in a south-westerly direction to the B5285 junction at Hawkshead Hill, a total distance of approximately 5.96 kilometres.

**How this may affect you:**

**Pedestrian and dismounted cyclists will be permitted in this section.** Anyone wishing to pass the Marathon start line between approximately 10.20 -10.30am, are asked to wait until the race has started at 10.30am prior to passing. The 5k race starts at 10.45, so once again pedestrians & dismounted cyclists are asked to wait until this race has started prior to passing.

Junctions leading onto this closed section will also be marshalled.

**Diversion**

Vehicle drivers wishing to travel to Hawkshead from Clappersgate will be diverted to Hawkshead Hill via Coniston; Brathay staff at the Clappersgate junction will hand out A4 maps showing the diversion route should vehicle drivers require it.

**Impact reduction: Phased re-opening**

Whilst legally closed from 10.00am to midday, from 11.30am there will be a phased re-opening of the B5286 from its junction with the B5285 at Hawkshead Farm:

- At 11.30 the B5286 will re-open at the junction with the B5285 (Hawkshead Farm), or earlier if the last marathon runners exit this location
- Vehicles arriving from the Hawkshead direction & from Hawkshead Hill will be able to enter the B5286 & access all locations as far as the junction with the C5019 (road up to the Drunken Duck)
- The C5019 is open & could be used to access the B5285 at Hawkshead Hill & onto Coniston or to access the A593
- The section of the B5286 north of its junction with the C5019 will remain closed until midday as the 5K runners will be exiting Bod Lane & will be on the B5286 heading on to the Brathay estate.
- Bog Lane is open, but its junction with the B5286 will remain closed until midday to accommodate the 5K runners arriving back to Brathay
- Clappersgate B5286 junction with the A593 will remain closed until midday to accommodate the 5K runners arriving back to Brathay
- If the last 5K runners finish the race before midday, the B5286 at Clappersgate will re-open.
2nd Traffic Management Measure: Temporary road closure
Road: B5285
Time: 10.00-11.30 (1.5 hrs maximum)

Temporary road closure on B5285 from its junction with the B5286 at Hawkshead Hall to the northern entrance to Hawkshead Village, a distance of approximately 500 metres.

How this may affect you:

We ask that you take care when walking in or crossing the running lane. Reasonable vehicular access to premises adjoining this section will be maintained. Vehicles will be able to travel in both directions via a convoy system. Refer to the Impact Reduction Measure below.

Impact reduction

We do not wish to cut off Hawkshead entirely during this period. So we intend to operate a managed single lane convoy system with vehicles in one lane & runners in the other. Drivers will be required to follow the directions given by the Traffic Management Operatives & signage at this location. Clearly when the main body of runners enter this section no vehicles will be permitted to cross the running lane. However, as gaps appear in the runners at the Hawkshead Hall junction (Junction A) vehicles will be managed across the running lane into the convoy system. Expect delays of up to 20 minutes.

As soon as the last runner exits this section the road will be re-opened.
3rd Traffic Management Measure: Temporary road closure
Road: U5574 (south of Hawkshead Main Street)
Time: 10.30-12.15 (1.75 hrs maximum)

The route exits the village onto the C5026. The car-park immediately on the left of the route will remain open to the public. In order to prevent vehicles exiting from the car park & onto the route leading south to the C5026, the western exit/entrance onto the U5574 will be temporarily closed.

How this may affect you:

We ask that you take care when walking in or crossing the running lane. Vehicle access to premises affected by this temporary closure will be maintained for emergency vehicles. The car-parks will still be open. Access & exit will be to & from the B5285 road entrance.

As soon as the last runner exits this section the road will be re-opened.

Impact reduction

There is no Impact Reduction Measure at this location. Any vehicles wishing to exit the village centre will still be able to do so via the open section of the U5574.
Temporary Road closure on C5026 heading south towards Newby Bridge south of Hawkshead, from its junction with the B5285, extending in a southerly direction to Graythwaite hall, a total distance of approximately 6.8 kilometres.

**How this may affect you:**

Emergency vehicle access to premises adjoining this section will be maintained. There will be a physical barrier across the road at either end of the road closure and at the various junctions leading onto the route. All routes leading onto the C5026 will have barriers in place.

Should you wish to travel south or anyone travelling north to Hawkshead from Newby Bridge, this will be possible via Sawrey.

**Impact reduction**

We recognise the unintended potential consequences caused by this closure to businesses in Grizedale. Therefore, in order to enable vehicular movement between Grizedale & Hawkshead, a controlled vehicle access system will be operated. This will enable vehicles to travel between the junction at Roger Ground & the junction with the B5285 at Hawkshead.

- Whilst the main body of runners exits the village & enters the C5026 heading south towards Newby Bridge, traffic will be temporarily held for approximately 20 minutes at the B5285 & at the Roger Ground junctions until the main body of runners have passed.

- Thereafter, and only when safe to do so, for vehicles travelling to Roger Ground /Grizedale we will operate a managed single lane traffic system, between the junction of the C5026 & the turn off for Roger Ground. One vehicle at a time.
5th Traffic Management Measure: Temporary traffic signals  
**Road: C5026**  
**Time:** system will be implemented when the front runners approach Newby Bridge which could be any time from 11.15 onwards up to 13.45 (Approximately 2.5 hrs)

1. Single lane over the railway bridge. Managed by a Traffic Management Operative with a STOP/GO board.

2. Single lane over the bridge over the river Leven at the Swan Hotel. Traffic Management Operatives will manage this with manually operated Traffic Signals.

**How this may affect you:**

1. Single lane over the railway bridge: the bridge is a blind summit; there is insufficient room for two vehicles abreast & the runners. By having a Traffic Management Operative positioned on the crest of the bridge, vehicular traffic can be managed over the bridge, whilst the runners run in the coned left-hand lane. Traffic will be directed over the bridge by the Operative.

2. Single lane over the bridge over the River Leven. A coned lane created on the left side of the bridge for the runners. The larger right-hand lane has vehicular traffic controlled by traffic lights which are managed by Traffic Management Operatives at either end of the bridge. Delays to traffic will be kept to a minimum.

3. Runners will be directed to run on the footpath at the side of the A590.

6th Traffic Management Measure: Temporary lane closure  
**Road: A592 (Northbound)**  
**Time:** 10.00-16.00 (6hrs approx)

The north bound lane will be temporarily closed to vehicles from just beyond the northern entrance to Fell Foot Park & will extend to the junction with Long tail Hill on B5285.

**How this may affect you:**

**North Bound:**
1. Traffic will be able to access Staveley-in-Cartmel

2. Traffic will be able to access Fell foot Brow

3. Traffic will be able to access Fell Foot Park.

4. Traffic wishing to travel north towards Bowness on Windermere will be diverted along the A590 to the junction with the A5074 & up through the Lyth Valley to re-join the A592 just south of Bowness via Long Tail Hill. The diversion will be fully signed throughout. There will be advance warning signs on the route approximately one month prior to the event.

**South Bound:**
Traffic will be able to travel south in the normal manner. There will be traffic cones in the centre of the road at various points to prevent vehicles overtaking & to keep the runners in the northbound lane.
7th Traffic Management Measure: Temporary closure of left lane  
Road: A592 Cooks Corner  
Time: 12.00-16.00 (4 hrs approx)

**Rationale:** To protect runner & public safety. The left-hand lane is for vehicles turning left onto the A591 Ambleside Road. The running route also turns left at this point. The coned off left lane is to protect the runners & public safety. Cars will still be able to turn left using the central lane. Large vehicles such as lorries or coaches will require the cones to be temporarily moved to allow the left turn to be made.

**How this may affect you:**

Unless you are driving a large vehicle such as a lorry or a bus or are towing a caravan, you won’t be affected by this measure.

The cones are temporary & will be moved to accommodate any large vehicles arriving at the roundabout & indicating turn left.

8th Traffic Management Measure: Temporary traffic signals  
Road: B5286 from jct with A593 to Brathay Estate front drive  
Time: 12.45-17.00 (4.25hrs approx)

B5286 from its junction with the A593 at Brathay Farm, Clappersgate, extending in a south-westerly direction to the entrance of Brathay Hall, a total distance of approximately 220 metres; single lane operation. This temporary measure is to facilitate the safety of the runners as they complete the final stage of the marathon.

**How this may affect you:**

Single lane operation between the junction at Clappersgate & the entrance to the main drive on the Brathay Estate will be managed in this area by Traffic Management Operatives with STOP/GO Boards. Expect delays in this area during the stated times.

<table>
<thead>
<tr>
<th>The following exemptions will apply across all the traffic control measures in this document:</th>
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<tbody>
<tr>
<td>I. Vehicles being used for police, fire service or ambulance purposes, or the purpose of an undertaker in an emergency, such as loss of gas, electricity or water to premises in the area, which necessitates the bringing of vehicles into the section of road to which the traffic order applies; and</td>
</tr>
<tr>
<td>II. To anything done with the premission or at the direction of a police constable in uniform; and</td>
</tr>
<tr>
<td>III. Have the effect of preventing at anytime access for pedestrians to any premises situated on or to the roads, or to any other premises accessible for premises accessible from, and only from the roads; and</td>
</tr>
<tr>
<td>IV. Apply to vehicles being used in connection with the Event.</td>
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A way for pedestrians and dismounted cyclists will be maintained at all times.