

VOLUNTEER ROLE DESCRIPTION

Role title	Ambleside Trail 60 Volunteer (18+)
Where	At strategic points around the course.
When	The role involves a one day commitment on 8 th September 2019.
Commitment	One-off. Although we encourage you to get involved in other ways or help again the following year.
Duration	The role will last no more than 4 hours with start and finishing times dependent on your location on route. Start time will be between 8:00 and 15:00
Why we need volunteers? (full or half days will both be considered)	The Ambleside Trail 60 is just one event day of many that help us raise funds to support the Trusts essential work with Children and Young People.
Your tasks	<p>The role has a dual purpose to both encourage runners and ensure their wellbeing on route.</p> <p>Volunteers are asked to attend a briefing session at a time to be arranged before the marathon day. At the briefing each marshal will be given a wealth of information/training to cover all the skills needed on the day.</p> <p>Be punctual/reliable – the runners really will be relying on you. Inform the co-ordinator of any problems that arise. Guiding runners and warning public to prevent accidents.</p>
How will I be supported?	You will be in radio contact with your sector organiser who will be on hand if you have any problem or require medical attention for a runner.
What's in it for you?	<p>The marshal role is vital to the runner's wellbeing.</p> <p>You will be at the forefront of a very enjoyable and exciting event (our marshals return year after year).</p> <p>Volunteering enhances your CV and your sense of personal achievement.</p> <p>We will provide you with a packed lunch (if required).</p> <p>You will be supporting the Trust to make a meaningful difference to the lives of the young people it works with.</p>